

SICC Training Camp Mallorca 11 – 18 March 2023



Mallorca Cycling



- In 2023 we will continue to use Mallorca Cycling, a company specialized in organising training camps in Mallorca. The main POC for the company is Adam Moore.
- Experienced leaders provided by Mallorca Cycling to lead at least 3 groups.
- Routes will be advertised by Mallorca Cycling the night before including; departure time, distance, elevation or main climbs, lunch or coffee stops and expected average speed.
- You select the group you wish to join on the understanding that you will respect the advertised average speed.
- A vehicle will be available to call upon to support groups for safety and medical purposes.
- Deposit of €150 payable to Mallorca Cycling secures your place.
- Deposits can be paid direct via their website - <https://mallorcacyclingholidays.es/book-now/> **Add Reference: SICC March 2023**

DEPOSIT PAYMENT of €150
secures your place*.

Balance to be paid in full by
10 January 2023

*= Members can still join after this date subject to room availability.

Flight Details

- Depart Saturday 11 March 2023
- Flight FR7831 Ryanair
- Depart BRU **Charleroi** 17:20
- Arrive PMI Palma, Mallorca 19:25

- Return Saturday 18 March 2023
- Flight FR7830 Ryanair
- Depart PMI Palma, Mallorca 14:30
- Arrive BRU **Charleroi** 16:55

- Bicycles will need to be booked as Sporting Goods. Cost is €120 return.
- Transfers to/from Palma airport will be provided for groups of 4 or more.

Hotel Details & Room Costs

**** DO NOT BOOK DIRECT WITH THE HOTEL. ONLY BOOK WITH MALLORCA CYCLING ****

Hotel Cabot Pollensa Park Spa – Puerto Pollenca

Full Board Accommodation (Breakfast, Lunch & Evening Meal)

Fully Inclusive alcoholic drinks!

€629 DOUBLE ROOM (SINGLE OCCUPANCY)

€785 SEAVIEW DOUBLE ROOM (SO)

€472 TWIN DOUBLE ROOM PER PERSON (€944 total)

€577 TWIN DOUBLE SEAVIEW PER PERSON (€1,154 total)

€1,285 SUITE (2 adults, 2 children)

Hotel Facilities include:

- Free WIFI

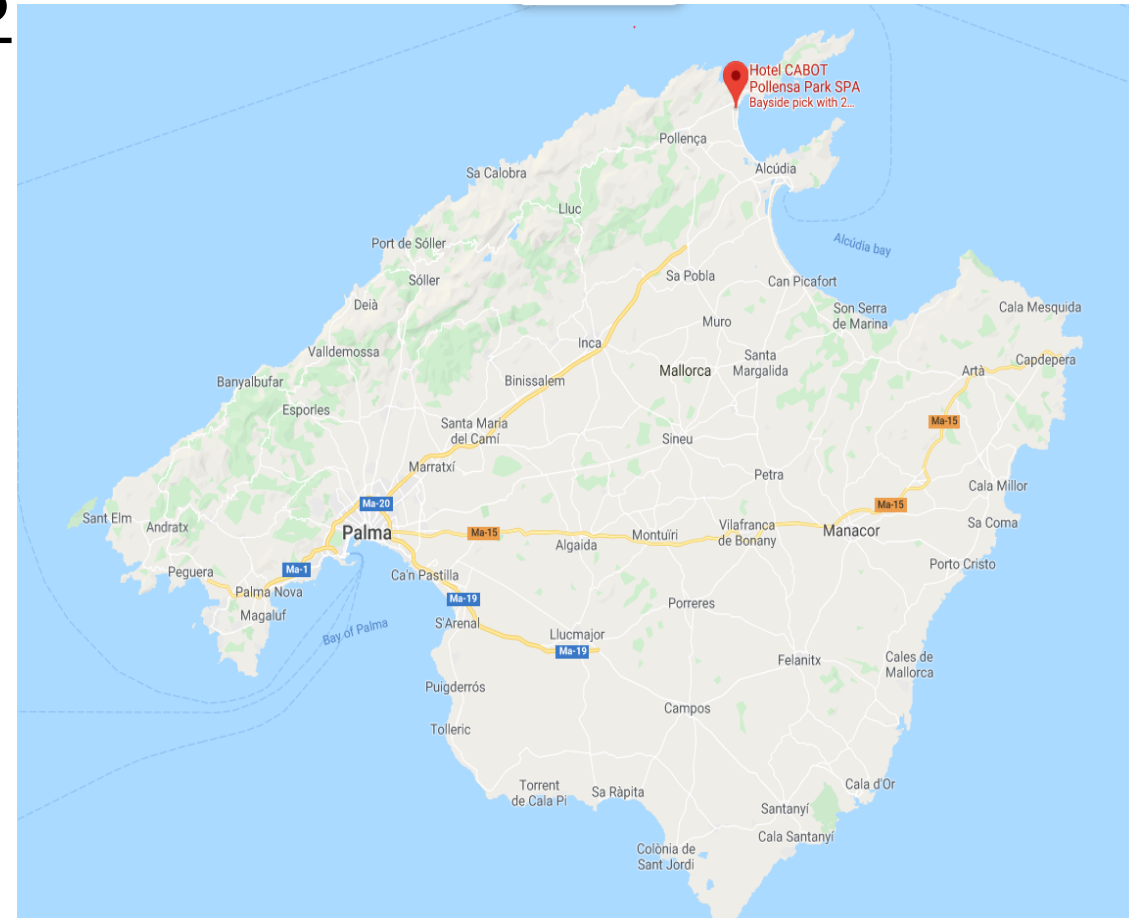
- Free Bar

- Hotel has free Spa facilities

- Outdoor pool

- Bike Garage or leave your bike in your room.

<https://www.cabot-hotels.com/spa-hotel-puerto-pollensa/>



Hotel Details





Airport Transfers

- Group transfer(s) arranged from PMI Airport to Hotel and return by Mallorca Cycling (minimum 4 persons).
- Transfers are included in your hotel room rate.
- Hotel is located 45 mins drive from PMI.
- For groups less than 4 contact Adam @Mallorca cycling to discuss your options and to see if you would be able to join other transfers.

Bicycle Hire

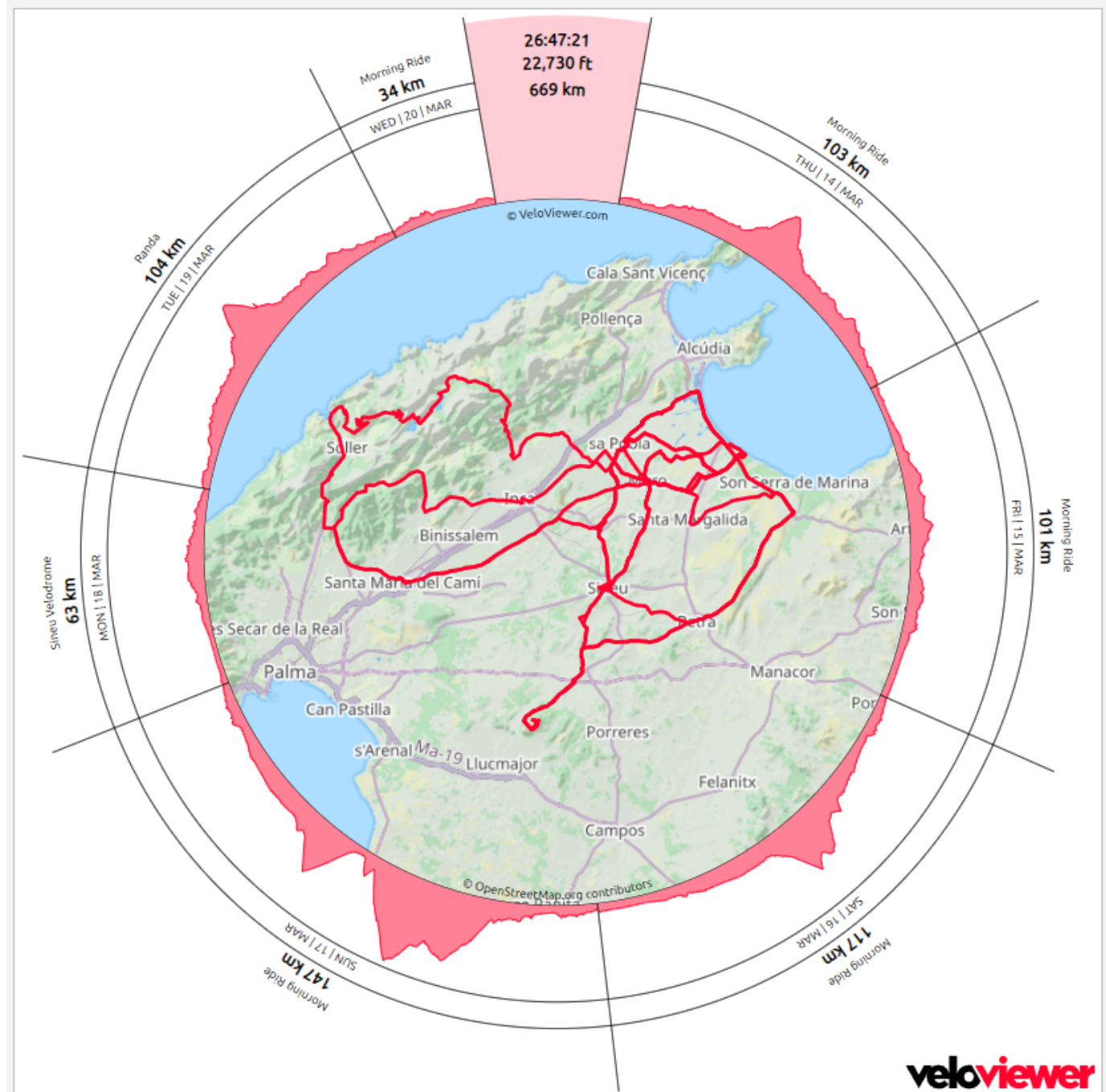


- BASSO bicycles can be hired directly from Mallorca Cycling
- Collection from the hotel we are staying at
- High level of bicycles available; carbon, Di2, 11-34T gears, 28mm tyres
- Disc brakes set up for European braking (front brake on the left)
- Bicycles are stored in the hotel bike rooms or your own room
- Pedals (Shimano & Look) can be hired for €6
- Bring your own helmet (mandatory in Spain) and Head Unit mounts (Garmin, Wahoo)
- Bring your own saddle if you prefer
- A saddle bag containing 1 tube and levers is provided. A pump is NOT provided
- Bookings can be made via the following link (book early to avoid disappointment):
<https://mallorcacyclingholidays.es/product/bike-hire/>
- Compulsory Insurance of €15 is payable on collection. Please read the FAQ's on the website

Majorca Climbs

These are some of the climbs we expect to ride:

Puig de Randa (Cura) 4.7K @5%
Col d'Orient 5.1K @5%
Col de sa Batalla 7.9K @5%
Coll de Soller 8.9K @5.3%
Cap Formentor 17K @2.9%
Ermita de Bonany 3.4K @4.8%
San Salvador 4.7K @6.9%



GENERAL INFO

- Rides normally depart at 0930.
- 1800 pre-dinner get together in the bar area to discuss the following days groups/routes.
- All meals are buffet style.
- Helmets are mandatory when riding in Spain.
- All rides stop for coffee/lunch during the ride.
- Suggested Packing List will be provided to attendees prior to departure.

SICC Mallorca March 23

WhatsApp group



Only join this group once you have paid your deposit

WhatsApp Group = SICC Mallorca March 2023

Join via this link or the QR code -

<https://chat.whatsapp.com/D8gFqCUMPJk8QbTIJkdxjJ>

QUESTIONS



If you have questions or require further information then please send an email to shapecycling@gmail.com. If your questions are related to the hotel or bike hire then please contact Adam by email - ridewith@mallorcacycling.co.uk